



Creighton Model

FertilityCare

Rochester, NY

“God created man in His
Own Image, in the Image of
God he created him, male
and female he created
them,” Genesis 1:27

Natural Choice for Procreative Wellness:

- Learn to interpret daily biomarkers to determine fertility regardless of cycle regularity. No temperature or internal checks.
- Use for breastfeeding, coming off oral contraceptives, long cycles, perimenopause.
- Tool to assist PMS, Ovarian cysts, repeated miscarriages, PCOS.
- For Teens , Engaged/Married couples, Perimenopause.
- Taught based on the principles of our Catholic Faith.
- **Virtual Teaching provided.**
- Start with Introductory Session, with frequent follow up sessions. (Every 2 weeks initially , then spread out based on need)

Contact: Bernadette Palermo PA-C, FCPI to learn how to Chart Daily Observations.

Referrals to NaProTECHNOLOGY Medical Consultants as needed for diagnostic testing / treatment .

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